STARTING BASICS FOR GREEN FLEET

GOOD THINGS TO KNOW

• The Course
• Wind Direction
• Find the starting line and marks
• Do you have to check in at the committee boat?
• What your starting strategy will be?

BEFORE THE START MOST IMPORTANT

• STAY NEAR THE STARTING LINE: Poor starts happen because you get too far away, miss the warning signal and are late getting to the line.

STARTING

• 10 MINUTES: Where is the up wind mark? What is the course? Where on the line you want to start. What the wind is doing.
• 5 MINUTES: Started your watch or get ready to catch the 4-minute gun.
• 4 MINUTES: Move to the place you want to be on the line and as close to the line as you feel comfortable with.
• 2:30 to 1:00 FIND YOUR HOLE. A place where there are not to many boats
• 1 MINUTE Be 5 to 8 feet below the line defending your hole
• 10 SECONDS TO GO: You should be about 5 feet below the line, pulling your main sheet in all the way, pointed at the location of the pin.
• 3 SECONDS TO GO: You should head up to close-hauled and be moving at your fastest speed.