

# 2010 OPTIMIST SAFETY SELF-CHECK LIST

**Competitor is NOT officially registered until all safety requirements are met, certified by an adult via this form and form is turned in to registration.**

BELOW ARE **MINIMUM** SAFETY STANDARDS REQUIRED TO COMPETE AT THIS EVENT.  
COMPETITOR IS RESPONSIBLE FOR COMPLIANCE WITH OTHER CLASS OR LOCAL MARITIME RESTRICTIONS OR REGULATIONS.

Competitor: \_\_\_\_\_ Sail number: \_\_\_\_\_

\_\_\_\_ **US Coast Guard approved** (not Zhik, Gill, etc.) properly sized **Life Jacket**

- whistle attached by lanyard

\_\_\_\_ 26'3" – 30' Bow line in good condition, 5mm minimum diameter (1/4")

- Secured to mast step
- Knot free between ends (if knots cannot be removed, replace it)
- Roughly 6-8" diameter bowline at outer end
- Floating, but not slippery polyethylene
- Must NOT be passed through drain hole in bow (bow loop optional)

\_\_\_\_ Bailer - 1 minimum at least 1 liter, tied to boat. (2 gallon size strongly recommended)

\_\_\_\_ Air Bags - 3 (even boats with side covers), must be firmly inflated and obviously able to hold air

- Each external bag must be well secured by three straps

\_\_\_\_ Rudder Retainer Clip (to keep rudder secured to transom)

\_\_\_\_ Daggerboard lanyard (to prevent it floating away in capsized)

\_\_\_\_ Mast Tie-in system (line and/or locking collar – check locking collar operation. No tape!)

\_\_\_\_ Bridle/mainsheet connection

- Must be a shackle-type device capable of easy/quick disconnect (screw pins or tying with line is not acceptable). **MUST NOT BE SELF OPENING OR ABLE TO SNAG CLOTHING, LIFEJACKET OR TOWLINE.**

\_\_\_\_ Mainsheet Bridle - No looser than 100 mm (approx. 4") from the boom at any point. (to prevent head entrapment)

\_\_\_\_ Paddle or Praddel

---

**I have personally checked and this Optimist Dinghy meets ALL Safety Requirements above.**

\_\_\_\_\_  
**Signed (must be adult over 21yrs of age)** Date \_\_\_\_\_

