STARTING BASICS FOR GREEN FLEET

THINGS YOU NEED TO KNOW

• The Course
• Wind Direction
• Find the starting line and marks
• Do you have to check in at the committee boat?
• What your starting strategy will be?

FOR GOOD STARTS YOU MUST STAY NEAR THE LINE

• Poor starts happen when you are too far away, miss the gun & get behind

STARTING

• 10 MINUTES TO GO: Where is the up wind mark? What is the course? What is the wind is doing? Where on the line will you start?
• 6 MINUTES: Warning signal that the RC will soon be starting
• 5 MINUTES: Started your watch or get ready to catch the 4-minute gun.
• 3 MINUTES: Move near the place on the line you want to start at and find a hole. An open spot where there are not too many boats.
• 1 MINUTE: Be 5 to 8 feet below the line defending your hole.
• 12 SECONDS: Start building up speed. Pointed at the pin end.
• 3 SECONDS TO GO: You should be head up to close-hauled and moving at your fastest speed.

AFTER THE START GUN

• GET CLEAR AIR
• TACK AS FEW TIMES AS POSSIBLE: Every time you tack you slow down.
• AVOID LAYLINES